



TEAMSTERS SAFETY AND HEALTH

Worker Training Program

IBT Consortium Description of Curricula

Course Title	10-Hr OSHA Construction Safety and Health Outreach Course
Course Short Description	The 10-hour training program is intended for entry level workers and is designed to increase workers' knowledge about occupational hazards they may encounter on a job site and their rights. Training emphasizes hazard identification, avoidance, control, and prevention.
Training Provider	IBT Worker Training Program Training Centers
Languages	English and Spanish
Delivery Method	<p>Training should meet adult learning needs and include interactive activities. Therefore, training must include workshops, case studies, exercises, and demonstrations that involve:</p> <ul style="list-style-type: none"> • Peer-to-peer training with activity-based learning • Student participation and interaction • Demonstration of equipment and procedures
Intended Audience	Teamster Construction members and other construction workers.
Course Hours	10 hours
Learning Objectives	<ul style="list-style-type: none"> • Describe why OSHA is important to workers • Describe the safety and health rights and responsibilities under OSHA • Describe how OSHA inspections are conducted • Describe employer responsibilities under OSHA • Describe the use of OSHA standards • Recognize fall hazards in construction • Identify safety requirements for electrical installations that supply power and lighting at construction sites • Identify 'caught-in' or 'in-between' hazards in construction and safe work practices that will reduce the possibility of 'caught-in' or 'in-between' hazards • Identify struck-by hazards in construction and safe work practices that will reduce the risk of struck-by hazards • Identify electrocution hazards in construction and safe work practices that will reduce the possibility of electrocution hazards • Describe and Identify Personal Protective and lifesaving equipment • Describe Health hazards in construction



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Course Outline	<ul style="list-style-type: none"> • Introduction to OSHA - (1 hour) OSHA Focus Four Hazards – (4 hours) • Falls (1.5 hours) • Electrocution (30 minutes) • Caught in or Between (1 hour) • Struck-By (1 hour) • Hands-on Activity: Personal Protective and Lifesaving Equipment (30 minutes) • Health Hazards in Construction (30 minutes) • Elective Topics (2 hours, 2 topics) <ul style="list-style-type: none"> ○ Cranes, Derricks, Hoist, Elevators, and Conveyors ○ Excavations ○ Materials Handling, Storage, and Disposal ○ Scaffolding ○ Hands-on Activity: Stairways and Ladders ○ Tolls- Hand and Power • Optional Topics (2 hours- can choose below topics, or can expand on any above topic) <ul style="list-style-type: none"> ○ Confined Spaces Entry ○ Ergonomics ○ Fire Protection and Prevention ○ Motor Vehicles, Mechanized Equipment, and Marine Operations; Rollover Protective Structures and Hands-on Activity: Overhead Protection; and Signs, Signals, and Barricades